



SAFETY SUPPLIES AND SERVICE FOR THE NORTHWEST
503.678.2981 800.754.6551 Fax 503.678.2983
10751 Oak Street Suite #2
PO Box 702 Donald, OR 97020

Safety-At-Heights Course Time Line

3 Hours

8:00-9:00 Fall Protection

9:00-9:15 Break

9:15-10:15 Fall Protection

10:15-10:30 Break

10:30-11:30 Fall Protection

Instructor: Greg McDonald
Ritz Safety, LLC